BREAKFAST MENU

Urban Grill 14.95 Malloy's streaky bacon, cumberland sausages, roasted vine tomatoes, mushrooms, smokey baked beans, black pudding, fried egg & grilled ciabatta gfm

Jardinera 14.50

Crushed avocado, roasted vine tomatoes, mushrooms, spinach, smokey baked beans, frittata, grilled tortilla gfm vg

Asado 24.00

Dry aged, char grilled picanha steak , roasted vine tomatoes, fried eggs, pico de gallo, spinach, fried potatoes with smoky barbeque seasoning, cholula hot sauce

Benedicto 12.95

Toasted muffin, poached eggs, hollandaise, chilli flakes and parma ham

Breakfast Tortilla 12.95

Your choice of chicken breast, pork belly or paneer with salsa verde, pico de gallo, chipotle sauce, frittata, crushed avocado & grilled tortilla gm

Crushed Avocado Ciabatta 12.95

Brushed & baked ciabatta with chimichurri, rocket, crushed avocado, poached eggs, & adobo sauce gfm vg

Urban Brunch Scramble 11.00 3 eggs, tomatoes, mushrooms, pico de gallo, spinach, tortilla gfm vg

HOT DRINKS

Espresso	2.65
Double Espresso	3.25
Americano	3.50
Flat White	3.65
Cappuccino	3.50
Café Latte	3.65
Hot Chocolate	3.65
Mocha	3.65
Теа	3.50
Speciality Tea Please ask your server for our selection	3.50

SIGN UP TO OUR LOYALTY CLUB

Urban Fresh news, offers & promotions straight to your inbox! Scan to sign up or sign up via our website www.urbanfreshely.uk



BAKED CIABATTA ROLLS

Fried eggs & bacon 8.95 Avocado, rocket & tomato 8.95 Grilled sausage & smokey onion chutney 8.95 Add yucca fries + 5

STACKED PANCAKES

Pancake stack with summer fruit & natural yoghurt 11.95

Pancake stack with streaky bacon & maple syrup 11.95

FRUIT BOWLS

Summer fruits with natural yoghurt & honey 9.95

Granola, fresh fruits & natural yoghurt with honey

10.95

SMOOTHIES

JUGO Fresh pineapple, mango, strawberries, mixed berries & lime juice

8.00

AVO Avocado, broccoli, spinach, mango, coconut, ginger, fresh lime & mint

8.00

TROPIC Mango, passionfruit, pineapple & vanilla 8.00

8.0



